

PushFar User Guide.

A step-by-step guide to using PushFar's mentoring software.

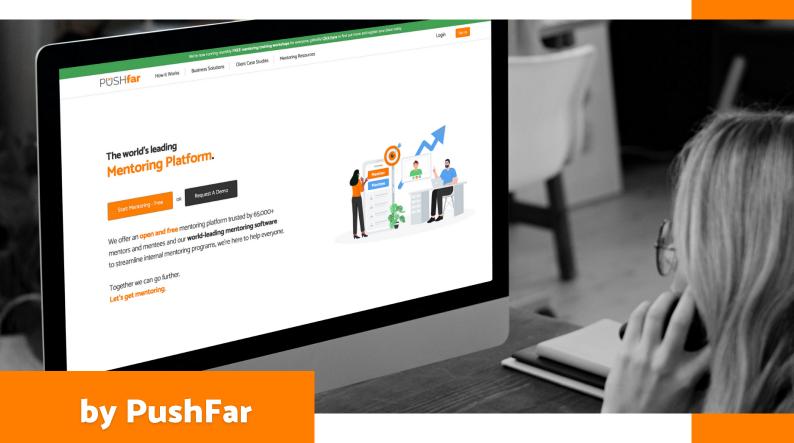
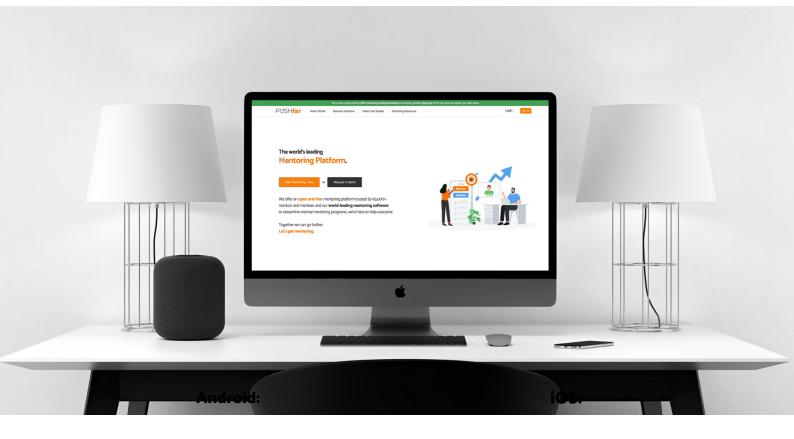


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Introduction.

PushFar is a platform designed to help individuals with mentoring, and through this, career progression. Our platform has a wealth of tools to help you to find a suitable mentoring match, manage your mentoring relationships, schedule goals, track your progress and ultimately navigate through mentoring most effectively.

When you sign up to PushFar, you will have the option to register as either a mentor, a mentee or both. Don't worry - after you've registered you can update your mentoring preferences at any stage. As well as mentoring, we will also help you to connect with like-minded and recommended networking professionals.

PushFar is also available on both iOS and Android. Scan or click the QR code below to download.





Registering your account (step 1 & 2).

If you are joining PushFar as part of an organisation or company's initiative, ensure you have spoken with, or have details from, the manager of your mentoring programme. They will be able to either add you to the platform or provide you with a registration link. The registration consists of just two steps.

Step 1 asks for some essential details to create a PushFar profile, such as your name, email, password (unless you're using Single Sign-On), location and your mentor preference to be either a mentor, a mentee or both. You may have a few additional questions in step 1 too, depending on your organisation's settings.

Step 2 of registration asks you about your mentoring preferences:

As a mentor:

- Your experience and how you can support mentees sell your experience!
- Whether you would prefer to mentor in-person or virtually
- How many mentees's you're willing to have
- Specific areas where you are confident you can offer support

As a mentee:

- What you are looking for from a mentor the more information the better!
- Specific areas in which you are seeking support

After you have completed both stages of registration, you will either receive a holding confirmation page if your organisation has set up manual approvals or a list of recommended mentoring matches. If you have selected to be both a mentor and a mentee, you will have two tabs that you can toggle between to see both recommended match lists.

Navigating through <mark>PushFar</mark>.

PushFar's platform is designed to streamline the mentoring process and allow you to manage your mentoring relationships and career progression effectively. The main aspects and elements of our platform to note include the navigation bar (located on the top of the screen on desktop and at the bottom of the screen on mobile) and the side menu on mobile.



Home:

This is where you can view your mentoring relationships, see any upcoming mentoring meetings and view updates about your career progression process.



Your profile:

• This is where you can see details that others will see about you, such as your current and previous roles.

Inbox:

This is where you can view messaging threads between other members on the platform, including your mentors and mentees.



Your reports:

The reports page provide you with insights into how proactive you are being in your career progression and mentoring activities.



Your notifications page is where you can view updates relating to mentoring requests, mentoring meetings and updates to conversations.



Resources:

This page may not always be visible. It is defined by your organisation. If visible and enabled, you can access guidelines and mentoring resources here.



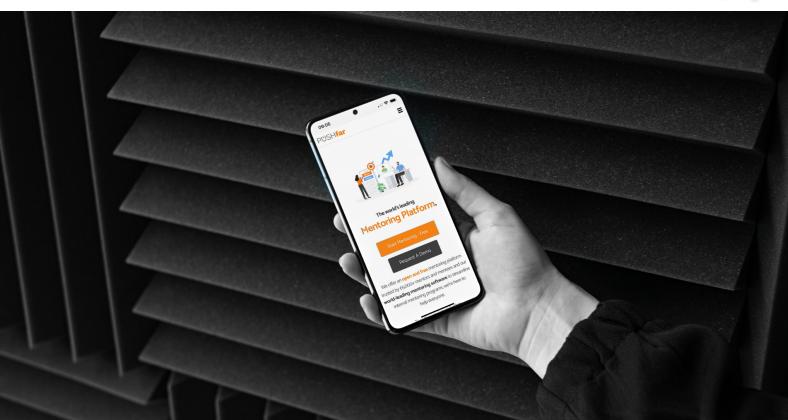
The settings page is where you can update your preferences around privacy, notifications and account controls. Logout: To log out of your account, simply click on the logout icon. PushFar is also available on both iOS and Android.



Logout:

To log out of your account, simply click on the logout icon.





PushFar user guide.

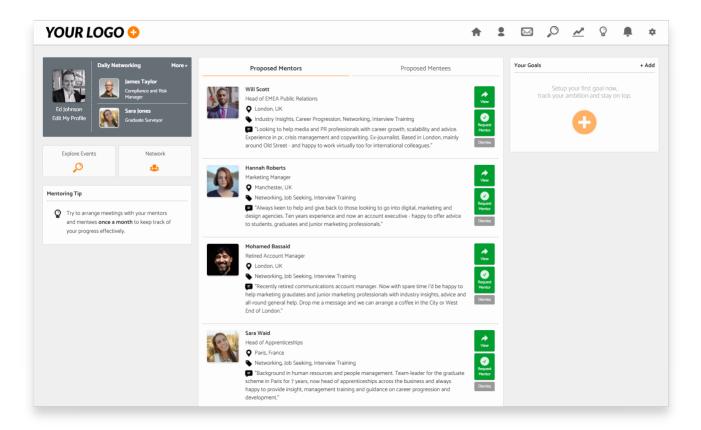
Mentor matching at PushFar is based on a wide range of data sets, our algorithms take into account the following when recommended suitable mentoring matches:

- Availability of mentors
- Location of mentors and mentees
- Organisations of mentors and mentees
- Universities or colleges of mentors and mentees
- Profile and mentoring preference keywords
- Mentoring areas of help

Our algorithms also look at existing mentor matching data to improve upon matches and our development team release updates frequently to further improve our matching.

Finding a mentoring match.

Once you have completed the registration process and entered your mentoring preferences, you will either see a holding page until you are matched by an administrator, or PushFar will suggest a list of the most suitable mentoring matches for you, this depends on your organisation's administrator and what they have selected for the programme. If you have selected to be both a mentor and mentee, you will have two tabs that you can jump between. Otherwise, you will simply see one list.



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Within this suggested list of matches, you can review what they are either looking for from a mentor, or what they can offer as a mentor. You can also see each individual's job title, location and profile picture (if they have added one). On the right-hand side of each suggested match, you will see three options:

• View:

This takes you to the individual's profile

• Request:

This is to request them as a Mentor! It will take you to a final confirmation page where you can set expectations, such as the length of the relationship and frequency of mentoring meetings.

• Dismiss:

This removes the suggested mentor match from your recommended list. The individuals' you dismiss will not be notified.

Requesting a mentor or mentee.

Once you have found a suitable mentor or mentee, you can click on the 'Request' button. Within the request page, you can then set expectations.

• Length of mentorship:

This is the length of time you would like the mentoring relationship to last, if you're unsure, we'd recommend starting with 6-months - you can always end it early or extend it, should you wish to.

• Frequency of meetings:

This is where you can define how frequently you would like to schedule mentoring meetings. Monthly meetings are a great starting point.

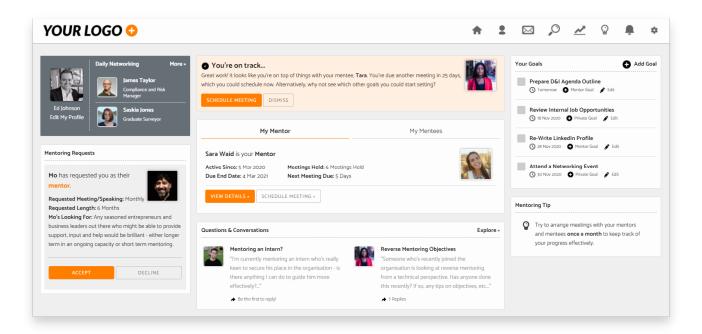
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Ed Johnson	X Cancel Your Goals + Add
Associate Director Edit Profile »	Request Will Scott as your Mentor Head of EMEA Public Relations London, UK
	Tell Will what you're looking for:
	Include details about your current situation, where you would like mentoring support and why you're requesting Will.
	Include an introductory message (optional):
	As well as the above details, you can introduce yourself to Will in a message.
	How long would you like to be mentored for?: How often would you like to meet/speak?:
	6 Months (Recommended) Monthly (Recommended)
	(Don't worry - You can change the mentoring length and meeting frequency after it has started, should you wish to.)
	Request Will As Your Mentor

Responding to a mentoring request.

If you receive a mentoring request, either from someone requesting you as their mentor or mentee, you will receive an email notification alerting you accordingly. You can respond to this request from the homepage. When you login, you will see this request both on your homepage on the left-hand side and within the notifications page.

You have the option to accept or decline these requests and can review the expectations being set here, with regards to mentoring relationship length and meeting frequency. If you have questions upfront, you can click on the individual's profile picture and send them a direct message. It's far better to address these queries in advance of accepting a mentoring request.

Don't forget - mentoring requests automatically expire if they go unanswered for 14 days. During this time, we will send the requested individual an initial notification and two reminder communications about this. If a request expires, the individual who made the request will then be notified and can request someone else accordingly.



If you feel you are unsuitable or that the mentoring relationship is not right, you can decline the request. When declining a request, you will have the option to let the individual know why you have declined their request. It is far better to decline a request than accept the wrong request up front.

Managing your mentoring relationships.

When you are in an active mentoring relationship, you will always see either your mentor, mentee or both, on the homepage. Here you can view a few overarching details about the mentoring relationship and can send them a message and schedule a meeting quickly. If you click on the 'View Details' button, you will open your mentor management panel and a comprehensive overview of the mentoring relationship.

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Daily Networking More - Ediphrison Immes Taylor Ediphrison Compliance and Risk Edit My Profilie Saskia Jones Graduate Surveyor Graduate Surveyor	Your Mentoring Relationship With Sara Sara Waid is your mentor Head of Apprenticeships Paris, France View Profile - Last Meetings: 10 Ct 2020 Last Meetings: 6 Meetings: 6 Meetings Held Mentoring End Date: N/A (Active) Goals Set: 3 Goals Set: 3 Goals Set: 3 Goals Completed: 7 Goals Completed	Please provide feedback for Sara It looks like it's time to provide Sara with feedback about your mentoring relationship. PROVIDE FEEDBACK Your Goals Prepare D&I Agenda Outline
My Mentor My Mentees Sara Waid > You are currently viewing the details of your mentoring relationship with Sara. >	What are you working on with Sara this month?: Enter details of your last meeting, your agenda and objectives. Image: Comparison of the same set of the sam	
GO HOME	Your Next Meeting Confirmed 29 Nov 2020 Confirmed Date: 29 Nov at 3pm (GMT+0) Type: Video Call Duration: 30 Minutes Meeting Notes/Agenda: After last month's meeting, keen to explore career progression activites within the department. Attending events and increasing copywriting of content for leadership positions. Edit Meeting Cancel Meeting Schedule A Meeting	Attend a Networking Event ③ 30 Nov 2020 ④ Phrate Goal

Within the mentoring management panel, you will have a list of goals that either you have set, if you are the mentee, or that your mentee has set, if you are the mentor. You will also be able to view how many meetings you have had, the date of your last meeting, any upcoming meetings and by pressing on the 'three dots' in the 'Your Next Meeting' panel you can view past meetings and their agendas too.

Scheduling a meeting.

To schedule a new mentoring meeting, simply click on the 'Schedule a Meeting' bar at the bottom of the screen. This will open a dialogue box where you can select a date, time, time zone and mentoring meeting length. You can also add your notes and agenda here. As is best practice with mentoring, we would recommend meetings and mentoring agendas are scheduled and led by the mentee for the most part.

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	Schedule A Meeting Date and Time: Select Date/Time Suggested times where you're both 18 Mar - 14:00-15:00 19 Mar -	 Europe free: 	tting Timezone: /London 3 Mar - 09:00-10:00		O					
	24 Mar - 11:00-12:00 1 Apr - 0	8:00-09:00 S	earch For Alternati	ves »						
	Meeting Type:	Meeting D	uration:							
	PushFar Video Call	Ƴ 15 Minu	tes		~					
	Meeting URL:									
	https://meet.pushfar.com/X9sxLC	013								
	Meeting Notes/Agenda:									
	Meeting agenda and notes - what	would you like	o discuss?							
					6					
			Ser	nd Reque	est					+

If your admin has integrated your calendar system, you will see some suggested times listed to select from which both parties are showing are available. You can integrate your meetings with Microsoft Teams or Zoom if you would prefer, or we do have the Pushfar video calling application within the platform. Once you have chosen a time and sent this through to your mentor/mentee - they will have received a notification of this request and have the option to accept or decline the request and propose a new time also. They would also receive an email notification with a link that takes them to the site. Once the meeting has been confirmed, users will receive an email confirming this and a link where you can add it to your calendar.

Your profile.

Every user has their own profile page which you can edit, connect your professional social media accounts (such as Twitter/LinkedIn) along with information about themselves, professional experience and what they are looking for in a mentor/mentee.

Users cannot view other people's mentoring relationships, this is only viewable by the administrator.

You can also send a message to a user through the profile page by clicking the orange message button on the right.

On your own profile, you can see how many points you have earned through engaging with the platform, and your point history.

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Home > Tim's Profile									
Tim Rogers Current Role: Senior Marketin End Goal: Chief Marketing Off ✓ Mentor & Mentee ♥ London, UK							SEND M	IESSAGE	
About Tim Experienced marketing manager with 30+ years of experience with a wide-range of brand and marketing channels. Recently moved over to managing teams of marketing and campaign	What Tim can help with: "In previous roles as head of digital, marketing i always happy to help those looking for support knowledge, experience and ultimately help eve	in business,	marketing	or technolo				Req a M	Juest as entor
managers and keen to give back and provide my experience to others now.	What Tim's looking for: "Any seasoned entrepreneurs and business lea would be brilliant - either longer term in an ong connect!"								Jest as entee
	Tim's Experience								
	Senior Marketing Executive PushFar						Nov	2017 - Pres	ent

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You can edit your profile information any time by clicking the 'Edit Profile' button on the right-hand side of your profile page.



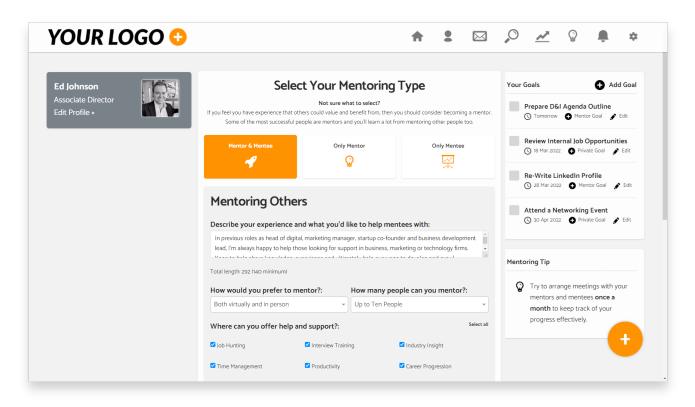
Tim Rogers Current Role: Senior Marketing Executive End Goal: Chief Marketing Officer ✓ Mentor & Mentee ♀ London, UK

Once you click 'Edit Profile', you can amend all personal details such as name, company, city, industry, along with your professional experience, profile photo, objectives and 'About You' section. You can also link your Linkedin, Twitter, Facebook and YouTube accounts.

Mentoring settings.

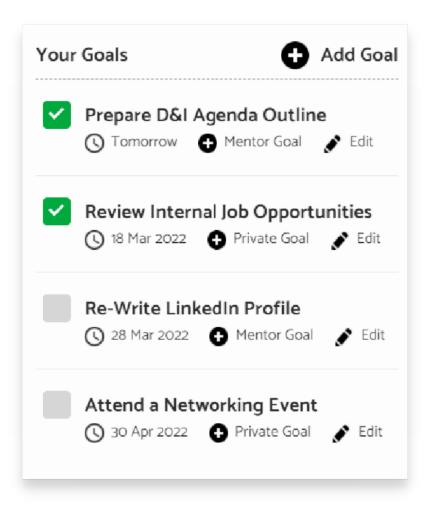
You can update these anytime on the homepage, by clicking 'Mentoring Preferences' on the lefthand side. This will enable you to adjust whether you would like to be a mentor/mentee, and your matching categories.

Please note - you may not be able to adjust this depending on if this has been set at admin level, please contact your administrator for further details.



Goal setting.

You can add goals through the platform on the home page, you will see the goals box on the right side of the page.



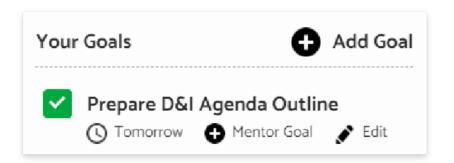
You can click on the '+ Add' button to add a goal. You can choose whether this goal is viewable only to you, or also to your Mentor.

Administrators can view how many goals have been set and marked as complete, but they will not be able to see the details of the goals set.

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Ed Johnson Associate Director Edit Profile »	() It's time to schedule your next It looks like you are due to have another meet been 31 days since you last had a meeting tog	ing with your mentee, Mo . It has	×	Your Goals Add Goal Prepare D&I Agenda Outline O Tomorrow Mentor Goal Y Edit
Sent Mentoring Requests	😏 Add A Goal			Review Internal Job Opportunities
You have requested Will to be your	Goal Title: Eg. Practice Presentation Skills			Re-Write LinkedIn Profile 3 28 Mar 2022 Martor Goal C Edit
mentor. They have been notified and can review and respond to your request.	Deadline: 27/04/2021 18:30	Recurring?: No - Don't Repeat	~	Attend a Networking Event ③ 30 Apr 2022 ④ Private Goal 💉 Edit
View Profile Cancel Request	Visibility: O Just Me O My Mentor & Me		Add Goal	Mentoring Tip
	View Details - Schedule Meeting -]		Try to arrange meetings with your mentors and mentees once a month to keep track of your progress effectively.
	Questions & Conversations		Explore »	
	Mentoring an Intern?	Reverse Mentori		

When you have completed a goal, you would tick the box on the left to green - and this would mark the goal as completed. You can find completed goals by clicking on the 'View Completed Goals'.



Settings.

Under the platform settings page, you can adjust several features on your platform, including changing your password, enabling/disabling email and push notifications and the contact details for our support team. You can also disable the reports/gamification feature.

Please note - this may have already been disabled, please contact your platform administrator for more details.

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ome > My Settings									
My Account		Privacy & Profile Visibility							
First Name Last Name Ed Johnson		Can people find me using my email address?: Can search engines see my pro							
		● Yes ○ No	● Yes ○ No						
		Who can view my updates?:		o can send r	5				
Email Address	Password	Everyone O My Followers	۲	Everyone	People I	Follow			
	Type your password	Who can see my job title?:		o can see m	-				
		Everyone O People I follow	۲	Everyone	O People I	follow			
Update	My Details	Who can see my dream job?:	Whe	o can see m	y 'about m	ne' bio?:			
		Everyone People I follow	۲	Everyone	O People I	follow			
Change Your Password		S	ave Privacy Se	ttings					
Current Password									
		Email Notifications							
Type your current passw	vord								
		When someone follows me:		en I recieve		sage:			
New Password	Repeat New Password			e n I recieve Yes ○ No		isage:			
	Repeat New Password	When someone follows me:	۲			5	pdates:		
New Password	Repeat New Password Re-type your new passw	When someone follows me:) Whe	Yes O No	comment	5	pdates:		
New Password	Repeat New Password	When someone follows me:) Whe o	Yes ONo	comment	ts on my u	-		
New Password	Repeat New Password Re-type your new passw	When someone follows me: Yes O No When I receive a mentoring request: Yes O No) Who) With	Yes ○No en someone Yes ○No	e comment updates fr	ts on my u	-		

If you are part of an Official Organisation that is using Pushfar to run internal programmes, here is where you can request to join this organisation, by inputting the ID into the box on the left under **Official Organisation**. Your company administrator can supply you with the Organisation ID.

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You are also able to block users should the need arise, and in settings, you can unblock them.

Below is the section where you can change your password - you can find this on the left-hand side of the screen on the settings page.

Type your current passwo	rd
lew Password	Repeat New Password
Type your new passwore	Re-type your new passw

Reports.

On this page, you can view how many points you have earned through engaging with the platform, alongside a weekly leaderboard within your organisation (and the Open Network, if you are also part of this). You can earn points but engage in different activities and actions within Pushfar.

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ome > Points & Leaderboard								
Ed Johnson	Weekly Points	Date Range	• •	Points	History			
Associate Director Edit Profile »	Your Points			😍 Ma	ide a new	introducti	on	+5
	120	\wedge		🐝 Sc	heduled a	mentor m	eeting	+20
PushFar Usage Last 60 Days 🗸	80			🖸 Ad	lded a pro	file picture	B	+20
	60		P	💼 RS	VP'ing to	an event		+10
2h173Time onMessagesEvents	20			t Co	mpleted y	our profil	e	+10
PushFar Sent Attended	0 5 May 12 May 19 May 26 May	2 Jun 9 Jun 16	6 Jun		L	oad More		
39 14 17								
Profile Mentoring Goals Views Meetings Set	Leaderboard	Filter: Overall		Who's	Viewed Yo	bu		
	Leaderboard	Filter: Overall	~		100	luhamma		
Goal Exports Date Range V	Load More	★ View Top 🙎 Jump to	Me		10 A	London		
Download all goals set during this period » Download completed goals set during this period »	Sara Tyson Marketing Manager Paris, France	★ 1,32			-	Account London	t Execut	t
	Harriet Langley		_					

You can export your goals, completed or outstanding, through this page, along with a view on who has viewed your profile.

You can see how many points you have earned through certain actions, on the right-hand side.

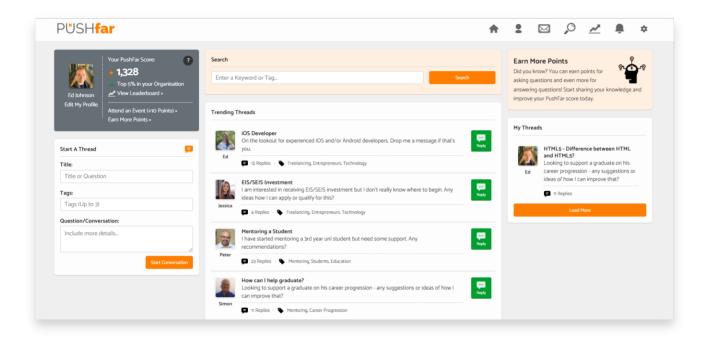
Please note - this feature may have been disabled by your administrator, get in touch with them for further details.

Treads, questions and conversations.

On the home page under 'Questions and Conversations', you can access a Q+A networking feature between other users, you can start your own thread which other users can respond to. You are also able to search through the threads if you were looking for a particular Q+A. Asking questions will earn you points.

You can begin your own thread on the left under 'Start A Thread' and view your current threads on the right-hand side of the page. You can add tags to the questions also.

To engage in a thread, and view the comments, you can click on the title of the thread to expand all replies. Clicking the green 'Reply' button on the right means you will be able to write a reply.





How can I register?

When first registering for PushFar, it is advisable to take the same approach as decided within the organisation that mentors and mentees will take. This could be one of several ways:

- Logging on via Single Sign-On (SSO)
- Being added in through the administration panel
- Registering via the unique organisation's registration URL

How can I log in?

You would log in via the main website, www.pushfar.com. Simply visit the website and enter your login credentials to access the portal. However, if you have integrated SSO, please use the login URL that has been set up by your organisation, to access the portal.

Can I change my mind about being a mentor/mentee?

Yes, you can change whether you would like to mentor, be a mentee or both at any time on the left-hand side of the home page, under Mentoring Preferences.

How do I earn points?

You can earn points by networking, mentoring, attending events, and engaging in conversations. If you cannot see the points awarded, this may have been disabled by the administrator within your company.

Who can see my mentor relationship details?

Your company administrator can view the mentorship details, however messaging, meetings and goals remain private between the mentor and mentee. You can choose to share your own goals with your mentor or keep this information for yourself.

How do I meet with my mentor?

We have a PushFar video application within the site you can use, or you can also schedule a meeting with Microsoft Teams or Zoom. If you would prefer in person, you can mention this in your profile also.





Who can view my messages through the platform?

Your discussions, messages, meeting notes and conversations between mentor/mentee are all private and confidential, these are not viewable by administrators.

I need some guidance and support, where can I find this?

Under resources on the homepage, you will find a 24 video series with helpful instructions, alongside any resources your organisation has added. We also hold monthly webinars you are welcome to join! If you cannot view the resources videos, they may have been disabled by your administrator.

I am looking for something in particular from a mentor, how can I find someone who can help?

Using the search feature on the home page, you can look through and search mentors on the open network of the platform, or limited to within your own company, depending on the administration permissions.

I am not receiving any emails from Pushfar

If the emails have been enabled within the administrator panel, they may have been blocked by your organisation's Firewall settings, if they are not in the user's junk/spam folder, then you will need to contact your IT department and ask them to Whitelabel <u>info@pushfar.com</u>.

How can I join an organisation?

The admin user for the organisation can get you the 'Organisation ID'. This ID can be shared with participants who have joined PushFar's open network but would like to migrate their accounts to your specific programme or instance of PushFar. You can paste this into your settings to request to join the programme.

The PushFar video calling doesn't seem to be working

This may also be a firewall issue blocking the application if you speak to your organisation's IT department they should be able to clarify further.



We're here to help.

If you need support, please email:

<u>support@pushfar.com</u>

Or contact your customer success manager directly, we have a response time of 1-2 hours.



